

Menus By Matt Riechmann and Jesse Dugan

## Sunday, January 5th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	BBQ Chicken Sub: Salisbury Steak	Wisconsin Cheese Soup sub- Tomato Soup
Cinnamon Roll	Baby Baker Potatoes or Mashed Potatoes & Gravy	BLT Sandwich
Sausage Links & Bacon	Zucchini Sub: Lima Beans	Pickle Spear Fruit Cocktail
	Pear 1/2's	Oatmeal Cookie
	Fruit Pie	
	Dinner Roll/Marg	

## Monday, January 6th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Chicken Fried Steak Sub: Sl. Ham	Swedish Meatballs or Turkey Roast
Pancakes	Mashed Potatoes & Gravy or Scalloped Potatoes	Buttered Noodles or Mashed Potatoes/Gravy
Eggs of Choice	Creamed Peas sub- Asparagus	Pineapple Tidbits
	Applesauce	Whipped Jello
	Ice Cream	Bread & Butter
	Bread & Butter	

**Tuesday, January 7th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Chicken & Dumplings Sub: Cook's Choice	Patty Melt on Rye or Polish Dogs
Toast	Mashed Potatoes & Gravy	on a Bun
Egg bake or Choice of Eggs	Carrots	Corn Fritters
	Sub: Wax Beans	
	Cukes/Sour Cream	Peaches
	Sub- Fruit for Salad	
	Shortcake with	
	Strawberries	Tapioca Pudding
	Bread & Butter	Bread & Butter

**Wednesday, January 8th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Spaghetti & Meatballs w/Noodles	Taco Bowl Taco Meat
Biscuits & Gravy	Chicken Alfredo	Shredded Cheddar
Eggs of Choice	w/Noodles	Diced Tomatoes
	Side Salad	Sour Cream/Salsa
	Dressing	or Turkey Wrap
	sub: Fruit	& Chips
		Fruit
	Cherry Crisp & Topping	Frosted Cake
	Breadsticks	

**Thursday, January 9th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Baked Chicken Breast sub- Salisbury Dressing/ Gravy	Crab Salad on Lettuce w/ Crackers
French Toast Eggs of Choice	Or Mashed Potatoes & Gravy Acorn Squash or Spinach Apple Rings	Ham Salad Sandwich Macaroni Salad Fruited Jello Ice Cream
	Pumpkin Cheese Cake Bread/Marg.	

**Friday, January 10th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Pork Cutlet Sub: Baked Fish	Potato Bacon Soup sub- Cream of Mushroom
Honey Streusel Muffin Bacon Egg of Choice	Cheddar Mashed Potatoes Gravy Green Beans Sub: Stewed Tomatoes	Chicken Salad Sandwich or Egg Salad Sandwich
	Fruit Frosted Cake Bread/ Marg	Pears Cookie

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## Saturday, January 11th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Hot Turkey Sandwich or Hot Beef	Pork Tenderloin Sandwich or Chicken Patty/Bun
Toast	Mashed Potatoes & Gravy	Steak Fries
Eggs of Choice	sub- Baked Sweet Potato	
Fried Potatoes	Beets	Sl. Tomato/Lettuce/Pickle
	sub- Wax Beans	Peaches
	Cranberry Jello	
		Rice Crispy Bars
	Rice Pudding	

## Sunday, January 12th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Fried Chicken	Chicken Vegetable Chowder
Cinnamon Roll	Sub: Cook's Choice	Sub- Beef Veggie Soup
Sausage Links & Bacon	Mashed Potatoes & Gravy	
	Peas	Bologna Sandwich or Liverworst Sandwich
	Sub: Asparagus	Applesauce
	Apricots	
	Cream Pie	Cookie
	Dinner Roll/Marg	

**Monday, January 13th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Baked Ham	Chicken Strip Basket
Pancakes	sub- Baked Chicken	Steak Fries
Eggs of Choice	Sweet Potatoes or Mashed Potatoes & Gravy	sub- Chef Salad
	Carrots	Chicken or Ham
	Sub: Wax Beans	Cheese
		Tomato/Cuke/Egg
	Tropical Fruit	Fruit
	Fruit Cocktail Cake	Brownie
	Bread & Butter	

**Tuesday, January 14th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Roast Pork	Chicken & Rice Casserole or Tuna & Noodles
Coffee Cake	Sub: Roast Turkey	Peas & Carrots
Eggs of Choice	Baby Bakers or Mash Potatoes & Gravy	
	Mixed Veggies	
	Sub: Green Beans	Peaches
	Apricots	
	sub- Pickled Beets	Chocolate or Vanilla Mousse
	Fruit Crisp	Bread & Butter
	Bread & Butter	

### Wednesday, January 15th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Swiss Steak w/	Broccoli/Cheese Soup
or Choice of Hot Cereal	Tomato, Onion, Celery	or Ham & Bean Soup
Cinnamon Roll	Sub: Salisbury Steak	
Sausage Links & Bacon	Au gratin Potatoes	
	Spinach	Cottage Cheese
	Sub- Buttered Cabbage	
		Rice Krispy Bar
	Fruit	
	Pineapple Upside Down Cake	Cornbread Muffin
	Bread & Butter	Bread & Butter

### Thursday, January 16th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Pork Chops	Sloppy Joes
or Choice of Hot Cereal	sub- Cook's Choice	sub- Rodeo Cheeseburger
French Toast	Sweet Potato Mash	Steak Fries
Eggs of Choice	Mashed Potatoes & Gravy	Sl Lettuce/Tomato/Onion
	Zucchini	Fresh Fruit
	sub- Carrots	Frosted Cake
	Fruit for Salad	
	Tapioca Pudding /w Topping	
	Bread/Marg.	

**Friday, January 17th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	BBQ or Plain Ribs	Tomato Soup
or Choice of Hot Cereal	Sub: Fried Fish	sub- Cheesy Cauliflower Soup
Coffee Cake	Scalloped Potatoes	
Eggs of Choice	Mashed Potatoes & Gravy	Grilled Cheese
	Green Beans	or Sl Turkey Sandwich
	Sub: Stewed Tomatoes	
	Ambrosia Salad	Fresh Fruit
	Blueberry Crisp	Oatmeal Raisin Cookie
	Bread/ Marg	Bread & Butter

**Saturday, January 18th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Meatloaf	French Dip Au Jus
or Choice of Hot Cereal	sub- Pork Tenderloin	or Philly Sandwich on a
Toast	Mashed Potatoes & Gravy	Hoagie Bun
Eggs of Choice	Lima Beans	Chips
Fried Potatoes	or Creamed Corn	Pears
	Spiced Apple Rings	
	or - Pickled Beets	
	Cookie Bar	Lemon Bars
	Bread & Butter	

**Sunday, January 19th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Fried Chicken	Minestrone Soup
or Choice of Hot Cereal	Sub: Cooks Choice	HM Chicken Noodle Soup
Cinnamon Roll	Garlic Mashed Potatoes	
Sausage Links & Bacon	Gravy	Egg Salad Sandwich
	Green Bean Casserole	sub-Tuna Salad Sandwich
	Sub: WK Corn	
	Pear 1/2's	
		Vanilla Pudding & Topping
	Fruit Pie	
	Dinner Roll/Marg	

**Monday, January 20th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Chicken Fried Steak	Meatball Marinara Sub
or Choice of Hot Cereal	Sub: Cook's Choice	w/ Mozzarella Cheese
Pancakes	Mashed Potatoes & Gravy	
Eggs of Choice		Hot Dog On a Bun
	Creamed Peas	w/ Relish/Onion
	sub- Carrots	
		Lemon Bar
	Diced Peaches	
	Ice Cream	Potato Chips
	Bread & Butter	Bread & Butter



**Tuesday, January 21st**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Roast Pork	Potato Soup
or Choice of Hot Cereal	Sub: Roast Turkey	sub- Beef Vegetable Soup
Toast	Baby Bakers	
Egg bake or Choice of Eggs	or Mash Potatoes & Gravy	Turkey & Cheese Sandwich
	Mixed Veggies	sub-Ham Salad Sandwich
	Sub: Green Beans	
	Apricots	Tropical Fruit
	sub- Pickled Beets	
	Fruit Crisp	Sherbet
	Bread & Butter	

**Wednesday, January 22nd**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal	Pork Cutlet	Pizza
or Choice of Hot Cereal	Sub: Salisbury Steak	sub- Enchiladas
Biscuits & Gravy	AuGratin Potatoes	Corn Fritters
Eggs of Choice	or Mashed Potatoes & Gravy	Fresh Fruit
	Broccoli & Cheese	
	Sub: Acorn Squash	Cottage Cheese
	Apple Rings	
	Sub: Applesauce	
	Pumpkin Pie w/topping	Homemade Cookie
	Homemade Bread	

**Thursday, January 23rd**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Creamed Chicken over Noodles/Mashed Potatoes	Chili sub- Beef Vegetable Soup
French Toast		
Eggs of Choice	Beef Stroganoff	Deviled Eggs /C
	Peas & Carrots	Chunk Cheese
	Sub: Spinach	Banana Pudding
	Fruited Jello	
		Cornbread Muffin
	Bar Cookie	Honey
	Bread & Butter	

**Friday, January 24th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Baked Fish sub- Baked Chicken	Chicken Tetrizzini Tator Tot Casserole
Blueberry Muffin	Roasted Potatoes	
Bacon	Mashed Potatoes/Gravy	Wax Beans
Egg of Choice	Zucchini	sub- Lima Beans
	Sub: Stewed Tomatoes	Fruit for Salad
	Coleslaw	HM Cookie
	Sub: Fruit	
	Frosted Cake	Bread & Butter
	Bread & Butter	

## Saturday, January 25th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Baked Ham	Goulash
Toast	sub- Turkey Roast	sub- Chili Mac
Eggs of Choice	Mashed Potatoes & Gravy	Mixed Veggies
Fried Potatoes	Cauliflower & Cheese	sub- Corn
	Sub: Sliced Beets	
	Cranberry Sauce	Apricot 1/2s
	Sub: Pineapple Tidbits	Cookies & Cream
	Frosted Cake	Bread & Butter
	Bread & Butter	

## Sunday, January 26th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Fried Chicken	Egg Salad Sandwiches
Cinnamon Roll	Sub: Sliced Beef	sub- Chicken Salad Sandwich
Sausage Links & Bacon	Mashed Potatoes & Gravy	Potato Chips or Cheese Puffs
	Green Beans	
	Sub: Asparagus	Pickled Beets
	Fruit	
	Sweet Potato or Pecan Pie	Butterscotch Pudding
	Dinner Roll/Marg	Bread & Butter

**Monday, January 27th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Liver & Onions	Hamburger Gravy over Toast or Mashed Potatoes
Pancakes	Sub: Swedish Meatballs	Sub- Tuna Mac
Eggs of Choice	Mashed Potatoes & Gravy	
	Carrots	Sunshine Salad
	Sub- Peas	
	Tropical Fruit	Sugar Cookie
	sub- Fruit	
	Dessert Cart	
	Bread & Butter	

**Tuesday, January 28th**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Lasagna	Rueben Sandwich or Hot Ham & Cheese Sandwich
Coffee Cake	Sub: Meat & Potato Casserole	Steak Fries
Eggs of Choice		
	Tuscan Blend Veggies	
	Sub: Lima Bean	Peaches
	Apricot 1/2's	
	Sub- Dinner Salad	
	Frosted Cake	Chocolate or Vanilla Mousse
	Garlic Bread	

### Wednesday, January 29th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Salisbury Steak	Pulled Pork/Bun
Cinnamon Roll	<b>Sub: Pork Chops</b>	<b>(BBQ or Plain)</b>
Sausage Links & Bacon	Mashed Potatoes & Gravy	sub- Cook's Choice
	Broccoli & Cheese	Potato Chips
	Sub: Buttered Cabbage	
		<b>Fruit Salad</b>
	Manadarin Oranges	
	Apple Crisp	<b>Bar Cookie</b>
	Dinner Roll	

### Thursday, January 30th

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Chicken Pot Pie	Grilled Cheese
French Toast	sub- Beef Stew	sub- Turkey Melt
Eggs of Choice	over a Biscuit	Tomato Soup
	Ambrosia Salad	<b>Rice Pudding</b>
	sub- Diced Pears	<b>Cottage Cheese</b>
	Frosted Carrot Cake	
	Biscuits	

**Friday, January 31st**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Fish & Chips (Steak Fries)	Sloppy Joe Sandwich sub- Chicken Parm Sandwich
Raisin Toast		Fried Ravioli
Bacon	sub- Chicken Strip Basket	
Egg of Choice	Steak Fries	Macaroni Salad sub- Fruit
	Coleslaw	Cherry Cheesecake
	sub- Fresh Fruit	
	Cookies & Cream	

**Saturday, February 1st**

<b>Breakfast</b>	<b>Dinner</b>	<b>Supper</b>
Choice of Cold Cereal or Choice of Hot Cereal	Sliced Ham Sub: Roast Beef	Lunchmeat and Cheese sub- Egg Salad Sandwich
Toast		
Eggs of Choice	Mashed Potatoes & Gravy	Fruited Jello
Fried Potatoes	Carrots	Potato Salad
	sub- Creamed Corn	sub- Potato Chips
	Pineapple Rings	
	sub- Apricots	Chocolate Chip Cookie
	Frosted Cake	Rice Crispy Bars
	Bread & Butter	